

Lactation Pathway 1

Professional Certificate

Program Overview

The Lactation Consultant Pathway 1 professional certificate program expands the clinical knowledge of the breastfeeding professional who interfaces with the breastfeeding client by understanding problems of clinical management.

Certification as a lactation consultant is approved preparation for healthcare providers who interact with triage infant nutrition problems and concerns. The course of study is based on objectives, guidelines and competencies established by Lactation Education Accreditation and Approval Review Committee (LEAARC).

Program Benefits

Students who complete this certificate will:

- Expand their clinical knowledge as a breastfeeding professional who interfaces with the breastfeeding clients by understanding problems of clinical management
- Receive a professional certificate of completion in lactation consultant education, which is approved preparation for healthcare providers who interact and triage infant nutrition problems and concerns
- Study objectives, guidelines and competencies established and approved by LEAARC

Pathway 1 Qualifications

Pathway 1 candidates are defined as having both of these requirements:

- Have an IBLCE approved license, be a registered nurse or recognized health professional or have completion of all 14 IBLCE Educational Requirements. (IBLCE Approved Health Professions: Dentist, Degreed Nutritionist, Dietician, Midwife, Nurse, Occupational Therapist, Pharmacist, Physical Therapist or Physiotherapist, Physician or Medical Doctor, Speech Pathologist or Therapist).
- Ability to complete 1000 clinical hours directly with breastfeeding dyads within a 5 year period prior to sitting for the exam (verifiable by employer)

Pathway 1 Application Requirements

- The UC San Diego Extended Studies Lactation program for Pathway 1 is 95 hours of didactic education which meets the IBLCE lactation course requirement for the IBLCE exam. The general education requirement must be completed before the start of Pathway 1

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- The UC San Diego Extended Studies Lactation program recommends but does not require that all Pathway 1 applicants have met the clinical requirements (1000 hours) of the IBLCE before taking the Pathway 1 education. These requirements can be viewed at [IBLCE.org](https://www.iblce.org). All Pathway 1 candidates will sign a memorandum of understanding stating that the candidate is responsible for meeting the clinical and professional educational requirements of the IBLCE.
- When applying to the program, candidates must demonstrate completion of these courses by submitting documentation from accredited colleges or universities.

Application Deadline for Pathway 1

UC San Diego Extended Studies Pathway 1 course is offered online every quarter. You may submit an application at any time.

Program Details

Prerequisites

If you are not a licensed, registered, or recognized health professional, you will be required to submit proof of completion of the 8 academic course and 6 CEU courses as described by the IBLCE.org. These course must be from an accredited college or university.

Health professionals include: physicians, nurses, midwives, dietitians, occupational, physical and speech therapists, physician assistants, dentists, pharmacists and chiropractors. If your profession is not on this list, please see IBLCE.org for more information about whether or not your professional training will satisfy the general education requirements.

8 College Subjects: Must be from an accredited college or university and at least one academic term in length. Candidates must have received a passing grade in each course.

Biology

Human Anatomy

Human Physiology

Nutrition

Introduction to Research

Psychology or Counseling or Communication Skills

Sociology or Cultural Sensitivity or Cultural Anthropology

Infant and Child Growth and Development

6 Continuing Education Subjects: Available at [UC San Diego Extended Studies](https://www.extendedstudies.ucsd.edu)

Ethics for Healthcare Professionals (3 hours) BUSA-80010

Fundamentals of Infection Prevention (12 hours) FPM-40577

Lactation Medical Documentation (2 hours) RMED-80000

Medical Clinical Terminology (18 hours) FPM-40632

Occupational Safety & Security (10 hours) FPM-40554

Basic Life Support CPR for Medical Personnel - generally taken through the American Heart Association

Length

UC San Diego Extended Studies Lactation Pathway 1 course is 2 quarters in length (~6 months)

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Cost

The Pathway 1 – Lactation Consultant Education course cost is \$1195. There is also a \$125 certificate fee. Please note that all fees are subject to change and do not include books. This is an estimate of the cost of the program. This estimate does not include textbooks, parking, transportation, or personal expenses. All estimated costs are subject to change; current fees are listed on our website.

Course Title	Course No.	Units	Course Offered			
			Fall	Winter	Spring	Summer
Required						
Pathway 1 – Lactation Consultant Education	RMED-40030	12	Online	Online	Online	Online

Frequently Asked Questions

About the Certificate

How do I apply to the certificate program?

STEP 1: If you have a My Extension student account, skip to Step 2. If you do not have a My Extension account, go to myextension.ucsd.edu, click “Create an account” on the right side of the page, and follow the instructions to create an account. Once you have a My Extension account, continue to Step 2.

STEP 2: Click on the “Apply Now” button on the certificate page. Complete the required fields on the application. Then click the “Save” button. Once you have saved the application, the “Submit” button will appear. Click the “Submit” button to submit your application for review and consideration. Once submitted, your application cannot be changed. You can track the progress of your application at [My Extension](#).

Is there an application fee for the certificate program?

Current application or certificate enrollment fees, if any, are listed under the “Apply Now” button on [the certificate page](#) on our website.

Can I register for the certificate program at any time?

Yes, you may enroll in the program at any time. However, it is recommended that you enroll as soon as possible. The program curriculum may be updated at any time; if certificate requirements change, you must adhere to the curriculum *at the time of your enrollment into the certificate*.

Can this certificate program be completed entirely online?

Yes! This program is designed for you to take it online in the convenience of your own home or office. Some courses may also have in-class options, but all program requirements can be completed online. For online courses, all assignments, tests, and quizzes can be completed online and submitted through Canvas, our online learning platform.

Is this certificate program open to non-California residents?

Yes, the program is open to non-California residents, including non-US residents. The tuition is the same for all students. If you have questions about how enrolling in courses may or may not affect your visa status, please contact our International Department at ipinfo@ucsd.edu or (858) 534-6784.

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If I work full-time, will I still be able to complete this program?

Yes. Our programs are designed to be working-student friendly and most of our students are working professionals. The courses vary between two and three units, which amount to approximately 18-20 hours of class time for a two unit course and 27-30 hours of class time for a three unit course.

Is the program accredited?

UC San Diego is accredited by the Western Association of Schools and Colleges (WASC). UC San Diego Extended Studies — like all other UC San Diego schools, colleges, and departments — is accredited by WASC through the University. All courses and certificate programs offered by UC San Diego Extended Studies have been developed and are administered in accordance with Extended Studies policy and the regulations of the Academic Senate of the University of California.

Will this program prepare me for a certification exam?

UC San Diego Extended Studies supports IBLCE as the credential and certification board for practicing Lactation Consultants. The IBLCE Exam is given twice a year in September and April. Students must complete the IBLCE requirements as currently defined by iblce.org.

Students may meet the certification exam requirements by any Pathway, however, UC San Diego Extended Studies only supports Pathway 1 and Pathway 2. All UC San Diego Extended Studies students who successfully complete the training program and its requirements are eligible to sit for the IBLCE exam.

How do I get my certificate once I have completed the requirements?

When you have paid your certificate fee and successfully completed all program requirements, you will need to request an audit by Student Services. To request an audit:

- In your [My Extension](#) account, click on “My Courses.”
- On the right side of the page under “My Certificates,” click on the name of the certificate.
- On the right side of the page under “Tools,” click on “Request Certificate Audit.”
- Complete and submit the form that appears.

Once you have formally submitted your audit request, your certificate will be mailed to the address we have on file for you within ten business days.

Do you provide job or internship placement?

No, we do not currently offer job placement assistance, internships, or career services assistance.

Is financial aid available?

- UC San Diego Extended Studies offers continuing education loans through UC Approved Lenders. Each institution offers low competitive interest rates and flexible payment options. You are also encouraged to contact your personal financial institution about possible lending solutions. Direct links to UC Approved Lenders can be found on our website’s [Financial Resources](#) page.
- The Employment Development Department (EDD) provides a comprehensive range of employment and training services in partnership with state and local agencies/organizations. More information is available on their website at edd.ca.gov.
- Career Centers Located throughout San Diego County offer their communities comprehensive employment and training services benefiting both business and job seekers. More information is available on their website at workforce.org.
- [Please click here for information about Veteran’s Benefits.](#)

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- Free Application for Federal Student Aid (FAFSA) funds are limited to degree programs only, and cannot be used for courses or certificate fees at UC San Diego Extended Studies.

About the Courses

When does course enrollment open for each quarter?

Our classes post to our website and become open for enrollment approximately two months prior to the new quarter starting. If you'd like to get an email reminder you can sign up for our newsletter(s) in [My Extension](#), under the "Preferences" tab.

When should I enroll in a course?

We recommend enrolling as soon as possible, as occasionally classes will reach capacity.

Once I have enrolled in a course, when will I get online access to it?

If you have enrolled at least three days before the course begins, you will have access starting on the first day of class. You should receive an email from Student Services with instructions for how to login to the course. If you have enrolled on or after the start date of the course, you will have access to the course within one business day.

When does enrollment for a course close?

Enrollment in a course may be closed for one or more of the following reasons:

- The course is at capacity. If the course is at capacity you will only be able to join the waitlist. If space becomes available in the course, students on the waitlist are contacted in the order they joined the waitlist.
- The course has progressed to a point where students will no longer be able to make-up missed work and be successful in the course.
- The course is cancelled due to low enrollments.

For all three of these reasons we recommend students enroll early in the courses they are interested in.

When is the refund deadline for courses?

The refund deadline for courses in this program is typically one week after the start of the course. This allows you to enroll in a course and participate in the course for approximately one week to determine if the course is a good fit. Then, if needed, either you may either transfer your enrollment to a different course or submit a drop request. The exact refund deadline for each section is listed in the section notes on the course page in our website, and you can also find it in [My Extension](#) by clicking on "My Courses" and then the name of the course.

What are the grading options for courses?

You may take a course for one of three options: Letter Grade, Pass/No Pass, or Not for Credit. If you are taking a course towards a certificate you *must* complete your courses for credit (i.e. Pass/No Pass or Letter Grade) and receive a C-/Pass or higher grade. Grades below a C-, No Pass, and Not for Credit will *not* count towards certificate requirements.

What kind of credit do I earn?

The courses in this program are post-baccalaureate, professional-level, credit bearing courses. Credit earned in these courses may lead to the award of a formal certificate by UC San Diego Extended Studies or may be applied toward an academic degree or professional credential, *subject to the approval of the receiving institution*.

If you wish to transfer credit, it is your responsibility to confer with the receiving institution before enrolling, as each individual academic institution decides whether or not to accept Extension's credits.

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Are courses transferrable?

UC San Diego Extended Studies is not a degree granting institution, however many UC San Diego Extended Studies courses can be transferred to other colleges or universities. The transferability of credit is determined solely by the *receiving* institution. You should discuss how your individual courses will transfer with the Office of the Registrar at the receiving institution *prior to enrolling*.

When is each course offered?

Please visit the course page on our website to see when courses are typically offered. You can also see a full program schedule by clicking on the “View Schedule” button under the “Courses” section on [the certificate page](#).

How many hours can I expect to spend studying outside of class time?

Each student has their own learning style so this can vary greatly. As a rule of thumb, expect to spend an average of two hours studying for every hour you spend in-class. For online courses, students should plan to spend approximately 8-10 hours per week viewing lectures and completing coursework.

How are online classes formatted?

The online courses are asynchronous: they have a start and end date but all the lessons are uploaded on Canvas, our online learning management system, so you can learn at your own pace. However, please be aware that you may have weekly assignments, quizzes, or tests that are due on specific dates.

What are the instructors’ credentials?

The program courses are taught by seasoned professionals and overseen by an advisory board of leaders in the field. Generally the instructors are all working professionals in the industry with at least a master’s level education in their field, with many having a Ph.D. You can view the advisor list under the “Advisors” section on [the certificate page](#). You can find information about a course instructor, including a biography and credentials, on the course page.

How do I communicate with a course instructor if I have a question during the course?

Each instructor has his/her own preferred method of communication and response policy, which will be detailed on the course syllabus. However, most instructors utilize email or the discussion board and will respond within 24-48 hours.

Will I get any hands-on experience in the program?

Most courses combine theory with hands-on exercises. For more information about practical experience in any course, visit the course page on our website.

What are the required textbooks for a course?

Instructors will post the current text requirements and recommendations on the course page on our website. Please note the textbooks requirements are subject to change every quarter and different instructors may require different books, even if they are teaching the same course in the same quarter, so be sure to check the textbook requirements *for the section in which you are enrolling*.

Will I be able to order the required textbooks before the class begins?

Yes, you can order the book(s) any time after enrolling in the course. You may order books through the campus bookstore or online retailers, such as Amazon.com.

After I enroll in a course, how can I retrieve a receipt or enrollment verification for my records?

Login to your [My Extension](#) account and select “Documents” as the top of the page.

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How will I receive my final course grade?

Once the course is completed, the instructor has 10 business days to submit your grades. Once grades have been posted, you can view and print them from your [My Extension](#) account.

What if I am having trouble with My Extension?

Please contact Student Services at (858) 534-3400 or unex-reg@ucsd.edu if you experience any issues logging in to any of our systems.

For More Information

For program specific questions, please visit [the certificate page](#) on our website or contact a program representative at ucsdlactation@ucsd.edu. For administrative questions, please contact our Student Services Department at unex-reg@ucsd.edu or (858) 543-3400.